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## FOLLOWING OUR NORTH STAR: THE MOTIVATIONAL POWER OF PURPOSE

"The two most important days in your life are the day you are born and the day you find out why." Mark Twain

### True Purpose comes with Potential

- Our potential is what we are capable of becoming or doing.
- Potential is not determined by what's in our head, but by what's in the Core of our being.
- Unfortunately, our potential can be blocked by what's in our head. We can have thoughts and beliefs that result in choices we make that prevent our potential from becoming a reality.

**Purpose:** What is my **purpose** as an educational leader? What is my professional mission?  
What is the most important thing I want to achieve?

A: What do I do?                      B: Who benefits?                      C: How do they benefit?

I \_\_\_\_\_ so that \_\_\_\_\_ .  
                                A    B    C

### Getting Knocked Off Purpose

**HITS:** From the Outside

- What Hits make my job difficult or drive me crazy?

**SABOTEURS:** From the Inside

1. *Positive Intelligence:* Shirzad Chamine

2. **Saboteurs:** automatic and habitual mind patterns that convince us through their lies that they are working for us and not against us.

___ Judge	___ Pleaser	___ Victim	___ Hyper-Vigilant	___ Controller
___ Stickler	___ Hyper-Achiever	___ Restless	___ Hyper-Rational	___ Avider

How does my Saboteur present itself? What does my Saboteur say?

**Purpose Keepers:** What can I do to lock in to my purpose, stay on purpose and maintain alignment?

1. Practice the Pause: From Above the Line: Hit Comes → Pause (Insert Purpose/Value) → Respond  
From Below the Line: Hit Comes → React

If I put a pause between the Hit and the Action,  
which of your core values would you insert?

2. Fix it in my seat before I take it to the Street.
3. Identify a peer partner: Who might my peer partner be?
4. Have a physical object as a reminder: What physical object might I use?
5. Using a purpose chant with my students or staff: What might that chant be?
6. Reflection: Making a Conscious Choice
  - A. What challenge or hit am I likely to experience?
  - B. What can I do to prepare myself in order to respond from purpose or value?

### **Practice Kaizen: Continual Improvement**

What are my take-aways from this session?